

## Pali Chanting in the Theravada Buddhist Tradition

<p><b>Vandanâ</b></p> <p>Namô Tassa Bhagavatô Arahâtô Sammâ-Sambuddhassa (3x)</p>	<p><b>Homage to the Triple Gems</b></p> <p>Homage to Him, the Blessed One, the Exalted One, the Fully Enlightened One.</p>
<p><b>Ti-Sarana</b></p> <p>Buddham Saranam Gacchâmi.  Dhammam Saranam Gacchâmi.  Sangham Saranam Gacchâmi.  Dutiyampi Buddham Saranam Gacchâmi.  Dutiyampi Dhammam Saranam Gacchâmi.  Dutiyampi Sangham Saranam Gacchâmi.  Tatiyampi Buddham Saranam Gacchâmi.  Tatiyampi Dhammam Saranam Gacchâmi.  Tatiyampi Sangham Saranam Gacchâmi.</p>	<p><b>The Three Refuges</b></p> <p>I go to the Buddha as my refuge.  I go to the Dhamma - The Teachings, as my Refuge.  I go to the Sangha - The Community, as my Refuge.  For the second time I go to the Buddha as my Refuge.  For the second time I go to the Dhamma - The Teachings, as my Refuge.  For the second time I go to the Sangha - The Community, as my Refuge.  For the third time I go to the Buddha as my Refuge.  For the third time I go to the Dhamma - The Teachings, as my Refuge.  For the third time I go to the Sangha - The Community, as my Refuge.</p>
<p><b>Panca-sila</b></p> <p>Pânâtîpâtâ Veramani Sikkhâpadam Samâdiyâmi.  Adinnâdânâ Veramani Sikkhâpadam Samâdiyâmi.  Kâmesu Micchâcârâ Veramani Sikkhâpadam Samâdiyâmi.  Musâvâdâ Veramani Sikkhâpadam Samâdiyâmi.  Surâ Mêraya Majja Pamâdatthânâ Verami Sikkhâpadam Samâdiyâmi</p> <p>Imâni Panca Sikkhâpadâni Samâdiyâmi (3x)</p>	<p><b>The Five Precepts</b></p> <p>I undertake to observe the precept to abstain from destroying living beings.  I undertake to observe the precept to abstain from taking things not given.  I undertake to observe the precept to abstain from sexual misconduct.  I undertake to observe the precept to abstain from false speech.  I undertake to observe the precept to abstain from liquor causing intoxication and heedlessness.  I undertake to observe the Five Precepts to the best of my ability.(3x)</p>
<p><b>Buddha Vandana</b></p> <p>Iti pi so Bhagavâ-Araham Sammâ-sambuddho.  Vijjâ-carana sampanno Sugato Lokavidû Anuttarro  Purisa-damma-sârathi Satthâ deva-manussânam  Buddho Bhagavâti</p>	<p>Homage to the Buddha</p> <p>Thus indeed, is that Blessed One: He is the Holy One, fully enlightened, endowed with clear vision and virtuous conduct, sublime, the Knower of the worlds, the incomparable leader of men to be tamed, the teacher of gods and men, enlightened and blessed</p>
<p><b>Dhamma Vandana</b></p>	<p><b>Homage to the Teachings</b></p> <p>The Dhamma of the Blessed One is perfectly expounded; to be seen here and</p>

<p>Svâkkhato Bhagavatâ Dhammo Sanditthiko Akâlîko Ehi-passiko Opanâyiko Paccattam veditabbo viññuhiti.</p>	<p>how; not delayed in time; inviting one to come and see; onward leading (to Nibbana); to be known by the wise, each for himself.</p>
<p><b>Sangha Vandana</b></p> <p>Supati-panno Bhagavato sâvaka sangho, Ujupati-panno Bhagavato sâvaka sangho.  Nâya-patipanno Bhagavato sâvaka sangho. Sâmici-paipanno Bhagavato sâvaka sangho  Yadidam cattâri purisa yugâni attha-purisa-puggalâ Esa Bhagavato sâvaka sangho.  Âhu-neyyo, pâhu-neyyo, Dakkhi-neyyo, añjalikaraniyo, anuttaram puññakkhetam lokassâtî</p>	<p>Homage to the Disciples of the Buddha</p> <p>The Sangha of the Blessed One's disciples has entered on the good way; the Sangha of the Blessed One's disciples has entered on the straight way; the Sangha of the Blessed One's disciples has entered on the proper way, that is to say; the Four Pairs of Men, the Eight Types of Persons; the Sangha of the Blessed One's disciples is fit for gifts, fit for hospitality, fit for offerings, and fit for reverential salutation, as the incomparable field of merit for the world.</p>
<p><b>Maha-Mangala Sutta</b></p>	<p>Discourse on Blessings</p>
<p>Ëvam mê suttam êkam समयam bhagavâ Sâvatthiyam viharati Jêtavanê Anâthapindikassa ârâmê,  atha kho aññatarâ dêvatâ abhikkantaya rattiyâ abhikanta vannâ kêvalakappam Jêtavanam bhâsetvâ, yêna bhagavâ tênapasamkami. Upasam kamitvâ bhagavantam abhivâdetvâ êkamantam atthâsi. Êkamantam thitâ kho sâ dêvatâ bhagavantam gâthâya ajjhabhâsi.  Bahû dêvâ manussâ ca mangalâni acintayum  Âkankhamânâ sotthânam brûhi mangala muttamam.</p>	<p>Thus have I heard: On one occasion the Exalted One was dwelling at the monastery of Anathapindika, in Jeta's Grove, near Savatthi. Now when the night was far spent, a certain deity, whose surpassing splendour illuminated the entire Jeta Grove, came to the presence of the Exalted One, and, drawing near, respectfully saluted Him and stood at one side. Standing thus, he addressed the Exalted One in verse:  Many deities and men, yearning after good, have pondered on Blessings. Pray, tell me the Highest Blessing!</p>
<p>Asêvanâ ca bâlânam panditânam ca sêvanâ  Pûjâ ca pûjaniyânam êtam mangala muttamam</p>	<p>Not to associate with fools, to associate with the wise, and to honour those who are worthy of honour - this is the Highest Blessing.</p>
<p>Patirûpa dêsa vâso ca pubbê ca kata puññatâ  Atta sammâ panidhi ca êtam mangala muttamam</p>	<p>To reside in a suitable locality, to have done meritorious actions in the past, and to set oneself in the right course - this is the Highest Blessing</p>
<p>Bâhu saccam ca sippan ca vinayo ca susikkhito  Subhasitâ ca yâ vâcâ êtam mangala muttamam</p>	<p>Vast-learning, perfect handicraft, a highly trained discipline, and pleasant speech  - this is the Highest Blessing.</p>

Mâtâ pitu upâtthanam puttadârassa sangaho Anâkulâ ca kammantâ êtam mangala muttamam	The support of father and mother, the cherishing of wife and children, and peaceful occupations - this is the Highest Blessing
Dânam ca dhamma cariyâ ca ñâtakanam ca sangaho Anavajjâni kammâni êtam mangala muttamam	Liberality, righteous conduct, the helping of relatives, and blameless actions - this is the Highest Blessing.
Ârati virati pâpâ majjapânâ ca saññamo Appamâdo ca dhammêsu êtam mangala muttamam	To cease and abstain from evil, forbearance with respect to intoxicants, and steadfastness in virtue - this is the Highest Blessing
Gâravo ca nivâto ca santutthi ca kataññutâ Kâlêna dhamma savanam êtam mangala muttamam	Reverence, humility, contentment, gratitude and the opportune hearing of the Dhamma - this is the Highest Blessing.
Khanti ca sôvacassatâ samanânam ca dassanam Kâlêna dhamma sâkacchâ êtam mangala muttamam	Patience, obedience, sight of the Samanas (Sanctified Ones), and religious discussions at due seasons - this is the Highest Blessing.
Tapô ca brahman cariyam ca ariya saccâ na dassanam Nibbâna sacchi kiriyâ ca êtam mangala muttamam	Self Control, Holy Life, perception of the Noble Truths, and the realisation of Nibbana - this is the Highest Blessing.
Phutthassa lôka dhammêhi cittam yassa na kampati Asokam virajam khêmam êtam mangala muttamam	He whose mind does not flutter by contact with worldly contingencies, Sorrowless, Stainless, and Secure - this is the Highest Blessing.
êtâdisâni katvâna sabbattha maparâjitâ Sabbhattha sotthim gacchanti tam têsam mangala muttamanti.	To them, fulfilling matters such as these, every-where invincible, in every way moving happily - these are the Highest Blessings.
<b>Karaniya Sutta</b>	<b>Discourse on Loving Kindness</b>
Karanîya - mattha kusalêna - yantam santam padam abhisamecca, Sakkô ujû ca sûjû ca - suvaco cassa mudu anati mâni.	He who is skilled in his good and who wishes to attain that state of Calm should act (thus:) He should be able, upright, perfectly upright, obedient, gentle, and humble
Santussakô ca subharô ca - appa kicco ca salla-huka vutti, Santindriyô ca nipakô ca - appagabbhô kulêsu ananugiddhô.	Contented, easily supportable, with few duties, of light livelihood, controlled in senses, discreet, not imprudent, not be greedily attached to families.

Na ca khuddam samâcarê kinci - yêna viññu parê upavadeyyum Sukhinô vâ kheminô hontu - Sabbê sattâ bhavantu sukhittâ.	He should not commit any slight wrong such that other wise men might censure him. May all beings be happy and secure. May their minds be wholesome.
Yêkêci pâna bhûtatthi - tasâ vâ thâvarâ vâ anava, sêsâ, Dîghâ vâ yê mahantâ vâ -- majjhimâ rassakâ - nuka thûlâ.	Whatever living beings there be: feeble or strong, long, stout, or medium, short, small, or large, seen or unseen, those dwelling far or near, those who are born and those who are to be born --may all beings, without exception, be happy-minded!
Ditthâ vâ yêva additthâ - yêca dûrê vasanti avidûrê, Bhûta vâ sambhavêsi vâ - sabbê sattâ bhavantu sukhittâ.	Let not one deceive another nor despise any person whatever in any place. In anger or ill will, let him not wish any harm to another.
Na parô param nikubbêtha - nâti maññêtha katthaci nam kanci, Byârôsanâ patigha saññâ - nâñña - maññassa dukkha miccheyya.	Just as a mother would protect her only child even at the risk of her own life, even so let him cultivate a boundless heart towards all beings.
Mâtâ yathâ niyam puttam - âyusâ êka putta manu rakkhe, Êvampi sabba bhûtêsu - mânasam bhâvayê aparimânam.	Let his thoughts of boundless love pervade the whole world: above, below and across--without any obstruction, without any hatred, without any enmity, Whether he stands, walks, sits or lies down, as long as he is awake, he should develop mindfulness. This, they say, is the Highest Conduct.
Mettam ca sabba lôkasmin - mânasam bhâvayê aparimânam, Uddham adhô ca tiriyam ca - asambâdham avêram asapattam.	Let his thoughts of boundless love pervade the whole world: above, below and across--without any obstruction, without any hatred, without any enmity,
Tittham caram nisinnô vâ - sayâno vâ yâva tassa vigata middho, Êtam satim adhittheyya -- brahma mêtam vihâram idhamâhu.	Whether he stands, walks, sits or lies down, as long as he is awake, he should develop mindfulness. This, they say, is the Highest Conduct.
Ditthin ca anupa gamma - sîlavâ dassanêna sampanno, Kâmêsu vineyya gêdham - nahi jâtu gabbhaseyyam punarêtiti.	Not falling into error, virtuous and endowed with insight, he gives up attachment to sense-desires. He will surely not be born in any womb again.
<b>Ratana Sutta</b>  Yânîdha bhûtâni samâgatâni - bhummâni vâ yâ niva antalikkhê Sabbêva bhûtâ sumanâ bhavantû - athôpi sakkacca sunantu bhâsitam.	<b>The Jewel Discourse</b>  Whatever beings are here assembled, whether terrestrial or celestial, may they all be happy! Moreover may they attentively listen to my words!
Tasmâhi bhûtâni sâmêtha sabbê - mettam karôtha mânusiya pajâya, Divâ ca rattô ca haranti yê balim - tasmâhi nê rakkhatha appamattâ.	Accordingly give good heed, all ye beings! Show your love to the human beings who, day and night, bring offerings to you. Wherefore guard them

	zealously.
Yam kinci vittam idha vâ hura vâ - saggêsu vâ yam ratanam panitam, Nano samam atthi tathâgatena - idampi buddhê ratanam panîtam, Êtêna saccêna suvatthi hôtu.	Whatever treasure there be either here or in the world beyond, or whatever precious jewel in the precious jewel. By this truth may there be happiness!
Khayam virâgam amatam panîtam - yadajjhagâ sakkyamunî samâhito, Na têna dhammena samatthi kinci - idampi dhammê ratanam panîtam Êtêna saccêna suvatthi hôtu.	The tranquil Sage of the Sakyas realised that Cessation, Passion-free, Immortality Supreme. There is nought comparable with the Dhamma. Verily, in the Dhamma is this precious jewel. By this truth may there be happiness!
Yambuddha settho parivannayî sucim - samâdhi mânam tarikañña mâhu Samâdhinâ têna samô na vijjati - idampi dhammê ratanam panîtam Êtêna saccêna suvatthi hôtu. Ye puggalâ attha satam pasatthâ - cattâri êtâni yugâni honti, Te dakkhineyyâ sugatassa sâvakâ - êtêsu dinnâni mahapphalâni, Idampi sanghê ratanam panîtam - êtêna saccêna suvatthi hôtu.	That Sanctity praised by the Buddha Supreme is described as "concentration without interruption. There is nought like that Concentration. Verily, in the Dhamma is this precious jewel. By this truth may there be happiness!  Those Eight Individuals, praised by the virtuous, constitute four pairs. They, the worthy of offerings, the disciples of the Welcome One, - to these gifts given yield abundant fruit. Verily, in the Sangha is this precious jewel. By this truth may there be happiness!
Ye suppa yuttâ manasâ dalhêna - nikkamino gôtama sâsanamhi Te patti pattâ amatam vigayha - laddhâ mudhâ nibbutim bhunjamânâ Idampi sanghê ratanam panîtam - êtêna saccêna suvatthi hôtu.  Yathinda khîlo pathavim sito siyâ - catubbhi vâtêbhi asampa kampiyo, Tathûpamam sappurissam vadâmi -- yô ariya saccâni avecca passati, Idampi sanghê ratanam panîtam - êtêna saccêna suvatthi hôtu.	With steadfast mind, applying themselves thoroughly in the Dispensation of Gotama, exempt (from passion), they have attained to "that which should be attained", and, plunging into the Deathless, they enjoy Peace obtained without price. Verily, in the Sangha is this precious jewel.  By this truth may there be happiness! Just as a firm post, sunk in the earth, cannot be shaken by the four winds; even so do I declare him to be a righteous person who thoroughly perceives the Noble Truths. Verily, in the Sangha is the precious jewel. By this truth may there be happiness!

<p>Yé ariya saccâni vibhāvayanti - gambhira paññêna sudêsitâni, Kincâpi tē honti bhusappamattâ - na te bhavam attamam âdiyanti, Idampi sanghê ratanam panîtam - êtêna saccêna suvatthi hôtu.</p>	<p>Those who comprehend clearly the Noble Truths, well taught by Him of wisdom deep, do not, however exceeding heedless they may be, undergo an eighth birth. Verily, in the Sangha is this precious jewel. By this truth may there be happiness!</p>
<p>Sahāvassa dassana sampadâya - tayassu dhammâ jahitâ bhavanti, Sakkâya ditthi vicikicchitam ca -- silabbatam vâpi yadatthi kinci, Catûhapâye hi ca vipparamutto - Chacâbhi thânâni abhabbo kâtum, Idampi sanghê ratanam panîtam - êtêna saccêna suvatthi hôtu.</p>	<p>For him with the acquisition of Insight, three conditions come to nought - namely, self-illusion, doubt, and indulgence in (wrongful) rites and ceremonies, should there be any. From the four states of misery, he is absolutely freed, and is incapable of committing the six heinous crimes. Verily, in the Sangha is this precious jewel. By this truth may there be happiness!</p>
<p>Kincâpi sô kammam karôti pâpakam - kâyêna vâcâ udacêtasâ vâ, Abhabbo sô tassa paticchâdâya - abhabbatâ ditta padassa vuttâ, Idampi sanghê ratanam panîtam - êtêna saccêna suvatthi hôtu.</p>	<p>Whatever evil deed he does, whether by deed, word or thought, he is incapable of hiding it; for it hath been said that such an act is impossible for one who has seen the Path. Verily, in the Sangha is this precious jewel. By this truth may there be happiness!</p>
<p>Vanappagumbê yathâ phussitaggê - gimhâna mâsê pathamasmin gimhe, Tathûpamam dhamma varam adêsayi -- nibbânagâmin paramam hitâya, Idampi buddhê ratanam panîtam - êtêna saccêna suvatthi hôtu.</p>	<p>Like unto the woodland groves with blossomed tree tops in the first heat of the summer season, hath the sublime doctrine, that leads to Nibbana, been taught for the Highest Good. Verily, in the Buddha is this precious jewel. By this truth may there be happiness.</p>
<p>Varô varaññû varadô varâharo - anuttarô dhamma varam adêsayi, Idampi buddhê ratanam panîtam - êtêna saccêna suvatthi hôtu.</p>	<p>The unrivalled Excellent One, the Knower, the Giver, and the Bringer of the Excellent has expounded the excellent Doctrine. Verily, in the Buddha is this precious jewel. By this truth may there be happiness!</p>
<p>Khinam purânam navam netthi sambhavam - viratta cittâ âyatike bhavasmim, Te khina bijâ avirulhicchandâ - nibbanti dhirâ yathâ yam padipo Idampi sanghê ratanam panîtam - êtêna saccêna suvatthi hôtu.</p>	<p>Their past is extinct, a fresh becoming there is not, their minds are not attached to a future birth, their desires grow not - those wise ones go out even as this lamp. Verily, in the Sangha is this precious jewel. By this truth may there be happiness!</p>
<p>Yânîdha bhûtâni samâgatani -- bhummani vâ yâniva antalikkhe, Tathâgatam dēva manussa pūjitam- Buddham namasâma suvatthi hotu.</p>	<p>We beings here assembled, whether terrestrial or celestial, salute the Accomplished Buddha, honoured by gods and men. May there be happiness!</p>

Yânîdha bhûtâni samâgatani -- bhummani vâ yâniya antalikkhe, Tathâgatam dēva manussa pûjitaṃ - Dhammam namassâma suvatthi hotu.	We beings here assembled, whether terrestrial or celestial, salute the Accomplished Dhamma, honoured by gods and men. May there be happiness!
Yânîdha bhûtâni samâgatani -- bhummani vâ yâniya antalikkhe, Tathâgatam dēva manussa pûjitaṃ - Sangham namassâma suvatthi hotu.	We beings here assembled, whether terrestrial or celestial, salute the Accomplished Sangha, honoured by gods and men. May there be happiness!

**\* Basic Pronunciation**

a as a in what â as a in father  
i as i in mint î as ee in see  
u as u in put û as oo in pool  
e as a in cage o as o in no  
n as ng in sing ñ as gn in signore

**Pausing**

Prolong for vowels with ^ or ( - ) such as â, î, û, e and o.  
Pause for double letter such as dd in Buddha : Bu-ddha,  
mm in Dhammam : Dha-mmam, ss in Ehi-passiko : E-hi-pa-ssiko